

# Bentleigh West Kindergarten Inc.

## HOME LEARNING – WEEK 2



### Yellow Group



#### MESSAGE FROM YOUR TEACHER

Hi Yellow Group,

I hope you are all well and have had a chance to try some of the learning at home suggestions we provided last week, bearing in mind that they are all optional. This week we have changed the format. We have divided the content into sections.

I would like to thank all of the families for your support and patience as our team works to deliver both a modified face to face program and a learning from home program at the same time. This is new for everyone, and we appreciate your support.

We will be calling families over the coming weeks just to touch base. If you have any questions about the home learning or face to face sessions this would be a great time to discuss them or alternatively you can send us an email. If your child/ren would like to send us a photo of something they have made or something related to home learning, we would love to see. We understand communication will look different this term and want to keep in contact with all families. I know you are all going above and beyond for your children. Please take time where you can for yourselves too, and remember this document includes suggestions and there is no pressure to do all or any of this.

Take care everyone.

Michelle

#### RECIPE OF THE WEEK

While we are not cooking in our program at the moment, I thought I'd share a recipe to a healthy snack I love making and often make for myself to eat at kinder. It's also great for breakfast.

The ingredients for this are very flexible as you can decide as you go how much fruit, chia seeds and oats you use to make the layers. Share a photo of your creation if you like, we would love to see it!

#### Ingredients

- 1/3 cup oats (the kind that cook in 5 minutes, gluten-free if necessary) plus an extra teaspoonful for topping
- 1/3 cup Greek yogurt (you may like to use flavoured, as desired)
- 1/3 cup milk (some people use almond milk but, again, use what you prefer)
- 2 teaspoon chia seeds
- 1/2 cup fruit, frozen or fresh (I often add berries, pear and banana)



## Method

1. Add oats to the bottom of the jar then layers of yogurt, chia seeds, fruit, and the milk. Screw the lid on tightly and shake well.
2. Add fruit to the top and sprinkle an extra teaspoon of oats over the fruit and do not stir.
3. Eat straight away or put the lid on and place in the refrigerator ready to be eaten the next morning.

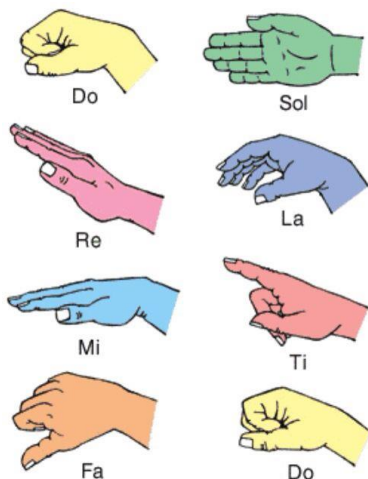
## SONG OF THE WEEK

### Do Re Mi- from the Sound of Music

<https://www.youtube.com/watch?v=3IU6X13ic00>

Sing the song focusing on the different hand signs.

The video can assist with the notes and rhythm of the song.



### Song Lyrics

doe, a deer, a female deer  
 (Re) ray, a drop of golden sun  
 (Mi) me, a name I call myself  
 (Fa) far, a long, long way to run  
 (So) sew, a needle pulling thread  
 (La) la, a note to follow so  
 (Ti) tea, a drink with jam and bread  
 That will bring us back to do oh oh oh

## FUN ACTIVITY OF THE WEEK

- **Number Hunt** - Got for a walk, ride or scoot with your family and see how many numbers you can find along the way. Looks for house numbers, signs, and numberplates on cars. You could even take some photos and see if any numbers were the same.
- **Connect with someone** - Missing your friends? How about calling them via facetime and arranging visual play date. You could show your friends your favorite toys, draw them a picture and show them, you could listen to some music and dance.

## LERANING EXPERENCES



**LEARNING FOCUS:** literacy, drawing and connecting with others

**FRAMEWORK FOCUS:** communication and wellbeing

**RESOURCES YOU NEED:** pencils and paper

Write a letter to a friend in the group. This could entail getting your child to do a drawing of something they have done today, your house, their favourite toy etc.. The adult could write a message to go with the drawing or your child might like to try and write a few words. You could include a photograph or two. The letter could then be photographed or scanned to send, or you could also consider posting the letter in the mail. If you do mail it don't forget to add your address so that the person can write back to you.



**LEARNING FOCUS:** weight

**FRAMEWORK FOCUS:** communication and learning

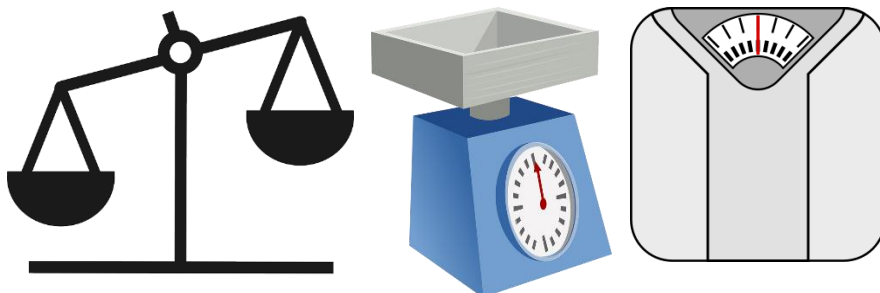
**RESOURCES YOU NEED:** scales and a few objects that you can weigh from around your house

Using household scales such a kitchen scales or bathroom scales complete the following tasks:

- Find two objects and put one in each hand. Guess which item is the heaviest and which is the lightest.
- Weigh the two items and see if you were right
- Find another item that you think is lighter than either of your items.
- Weigh the item and see if your prediction was right
- Line all 3 items up in order from lightest to heaviest. Feel free to send us a photo of your items all lined up.

**EXTENSION:**

- Can you find two items in your house that weigh the same but aren't the same thing?
- Draw the items you have weighed and ask an adult to write the weight next to it.







**EARNING FOCUS:** primary colours

**FRAMEWORK FOCUS:** communication and learning

**RESOURCES YOU NEED:** common household items

Primary colours are those which cannot be created by mixing other colours. They are red, blue, and yellow.

Colour hunt

- Find 3 items in your house that are **red**
- Find 3 items in your house that are **blue**
- Find 3 items in your house that are **yellow**

Secondary colours are those colours that are made by mixing two colours together. They are green, purple, and orange.

- Find 3 items in your house that are **green**
- Find 3 items in your house that are **purple**
- Find 3 items in your house that are **orange**

Take a photo of what you have found and email to your teachers or share with your friends in the 'WhatsApp' group.

**EXTENSION:** (you will need extra resources for this)

- using paints or coloured water see if you can create the secondary colours green, purple, and orange by mixing the primary colours.
- Can you make a new colour? What would you call this colour?

